**Turkey-Quitaque Independent School District**

**Valley School**

**Student Health Advisory Council**

**TQISD Board Room**

**September 11, 2019**

**12:00 P.M – 1:00 P.M.**

**Agenda**

1. **Call to Order**
2. **Establish a Quorum**
3. **Reading of Minutes**
4. **Old or Unfinished Business**

**New Business**

1. **Discuss SHAC Wellness Goals for 2019-2020 School Year**

* **Incorporate a recycling/environmental stewardship program**
* **Actively promote walking for students in safe areas.**
* **Incorporate a staff wellness program**

1. **Open Discussion**
2. **Closing**

**Turkey-Quitaque ISD**

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**Minutes**

1. Mrs. Jenkins welcomed the group. SHAC members present were Jackie Jenkins, Brandon Smith, Morgan House, Kristy Maynard, Lacy Cruse, Crystal Fuston and Susan Day.
2. Future Meeting Dates presented by Mrs. Jenkins

December 11, 2019

March 11, 2020

June 10, 2020

September16, 2020

1. The committee set the following goals for the 2019-2020 school year, and addressed ways to meet these goals.
   1. Incorporate a recycling/environmental stewardship program
      * Set up recycling bins in FCS classroom
   2. Actively promote walking for students in safe areas.
      * Teachers and students (PK-5) – participate in organized walks during recess
   3. Incorporate a staff wellness program
      * Educate staff on health benefits of healthy eating – Molly Foreman provide training and meals for in-service days.
2. Open Forum – No additional discussion was made.
3. Meeting adjourned at 12:45 PM