**Turkey-Quitaque Independent School District**

**Valley School**

**Student Health Advisory Council**

**TQISD Board Room**

**December 9, 2020**

**Agenda**

1. **Call to Order**
2. **Establish a Quorum**
3. **Reading of Minutes**
4. **Old or Unfinished Business**

**New Business:**

1. **Plan 2020-2021 Goals**
2. **Open Discussion**
3. **Closing**

**Turkey-Quitaque ISD School Health Advisory Council and Wellness Committee**

**Minutes**

**December 9, 2020**

**12:00 PM – 100 PM**

1. Mrs. Jenkins welcomed the group. SHAC members present were Jackie Jenkins, Kristy Maynard, Morgan House, Kayla Guest and Brandon Smith.
2. Future Meeting Dates presented by Mrs. Jenkins

* March 24, 2021
* June 16, 2021
* September 15, 2021
* December 8, 2021

1. The committee set the following goals for the 2020-2021 school year.
   1. Work with the local Lion’s Club to Perform Vision testing for Valley students
   2. Work with Crystal Fuston to get all Valley seniors certified in CPR prior to graduation.
   3. Work the Cafeteria Staff, health teachers, coaches and Extension Agent Molly Foreman to guide students in understanding the importance and benefit of proper nutrition and regular exercise. Molly Foreman will lead January 2021 Inservice nutritional training for staff.
2. Open Forum – No further discussion
3. Meeting adjourned at 1:12 PM